

Honesdale High School December Breakfast Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Waffles w/ Syrup Chilled Juice Fruit Low Fat Milk	2 Breakfast Sausage Pancake Chilled Juice Fruit Low Fat Milk	3 Bacon Egg and Cheese Muffin OR Assorted Cereal Chilled Juice Fruit Low Fat Milk	4 Dutch Waffle Chilled Juice Fruit Low Fat Milk
7 French Toast Sticks With Syrup Chilled Juice Fruit Low Fat Milk	8 WG Mini Bagel with Cream Cheese Chilled Juice Fruit Low Fat Milk	9 Sausage Egg and Cheese on a Bagel Chilled Juice Fruit Low Fat Milk	10 Eggo WG Mini Maple Waffles Chilled Juice Fruit Low Fat Milk	11 Guava Strawberry Flip Chilled Juice Fruit Low Fat Milk
14 Bacon, Egg and Cheese on a Bagel Chilled Juice Fruit Low Fat Milk	15 Egg and Cheese Muffin Chilled Juice Fruit Low Fat Milk	16 WG Eggo Chocolate Chip French Toast Chilled Juice Fruit Low Fat Milk	17 Bacon Egg and Cheese Muffin OR Assorted Cereal Chilled Juice Fruit Low Fat Milk	18 Apple Frudel Chilled Juice Fruit Low Fat Milk
21 Eggo WG Confetti Pancakes Chilled Juice Fruit Low Fat Milk	22 Waffles w/ Syrup Chilled Juice Fruit Low Fat Milk	23 Breakfast Sausage Pancake Chilled Juice Fruit Low Fat Milk	24	25 MERRY CHRISTMAS

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.
Assorted Daily Pastries Available may include:
Whole Grain Goody Ring
Whole Grain Banana Bread
Whole Grain Cinnamon Roll
Assorted Cereal with Crackers



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White



Meal Prices:
Paid \$2.00
Reduced \$.30

MENUS SUBJECT TO CHANGE

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE